



I'll be covering the olympic spirit [Och](#) from the magickal workbook called the [Arbatel](#) today; For those of you that don't know the arbatel, follow the link on it's name and/ or see a copy [here](#).

*As His description states therein, "Och governeth solar things; he giveth 600 years, with perfect health; he bestoweth great wisdom, giveth the most excellent Spirits, teacheth perfect Medicines: he converteth all things into most pure gold and precious stones: he giveth gold, and a purse springing with gold. He that is dignified with his Character, he maketh him to be worshipped as a Deity, by the Kings of the whole world".*

Well, He may be solar within the guidelines of the Arbatel, but not in general; for Och is a lunar spirit (Cancer, 26° - agriculture) and his attributes skillswise are correct. So health, wealth, medicine, herbs are His forté . He works in such an abstract and coercive manner as to cause strife in one's life or destabilize it, but adversely sees to a one-track household. So the opposite for that. Keep that in mind. So He'll throw certain aspects of life in disarray.

Funny thing is that I never liked the arbatel and remember people asking me whether I've worked with the spirits from it too; the whole reason for this piece is the fact that Och asked me to, appeared out of nowhere today as a medieval nobleman wearing yellow on top of a horse, and sometimes an ass. Lastly, Och says that He doesn't mind that people use Solar correspondences, as long as they work with Him. He definitely doesn't lack strength.

- [See this article too for a project I did on Him.](#)

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